

*Clinic address*

*DATE*

*GP name  
Name and address of surgery*

Dear Doctor \_\_\_\_\_\_\_\_\_\_\_\_\_,

**Re: *CHILD’S NAME DATE OF BIRTH***

***ADDRESS***

*[Child’s name]* was recently seen *[at home/at school/in clinic]*.It is apparent that *[he/she]* is suffering from constipation. I have explained what constipation means and I have given the family the ERIC leaflet *Advice for Children with Constipation.*

I have explained that childhood constipation is invariably treated with a macrogol laxative such as Movicol, CosmoCol or Laxido, in accordance with NICE Guideline CG99. I have suggested that the parents make an appointment to see you for you to discuss a prescription; I also advised the family that you will want to undertake a brief physical examination to rule out any organic underlying cause.

I have downloaded the ERIC Information Sheet ‘*How to use macrogol laxatives’* (see *[attached/enclosed]*) which I will give to the family. I will also monitor *[child’s name’s]* progress and provide the family with on-going support.

*OPTIONAL:*

As *[child’s name]* appears significantly constipated I have warned the family that they may need to follow the disimpaction regime outlined in the NICE Guidance. The ERIC Information Sheet ‘*A Parent’s Guide to Disimpaction’* provides all the information they need – see *[enclosed/attached]*.

Please let me know if you require any further information. You can contact me on\_\_\_\_\_\_\_\_\_\_\_ / at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Many thanks.

Yours sincerely,

*Health professional’s name  
Health professional’s designation*