



Wee and poo quiz

1. What does the "ideal" poo look like?

The ideal stool is long & sausage-shaped with smooth, soft edges. It should be easy to pass, not too hard or soft, and is a sign of a healthy digestive system.

2. How many hours does the average person spend on the toilet each week?

3 hours and 9 mins per week (27 minutes a day)

3. How many days does person spend on the toilet in their life?

92 days

4. What animal does cube-shaped poos?

The bare-nosed wombat (yes, really!)

5. Why was a British Airways flight forced to return to Heathrow shortly after take-off in 2015?

Someone had done a very smelly poo & blocked the toilet!!!

6. What animal's poo was used to make explosives & gunpowder in World War 1?

Bat's poo (because it contains potassium nitrate)

7. How often should a child poo?

Pooing more than 3 times a day, or less than 4 times a week both point towards constipation – too frequent pooing means there is a lot of poo stored up, either leaking out from the bottom, or overflow bypassing it, or both.

8. How big is the biggest poo on record?

A poo passed by a Viking in the 9th Century is on display in a UK museum. It is 20 cm long and 5 cm wide.

9. What did Neil Armstrong leave on the moon in 1969?

4 bags of his poo!

10. How much poo do climbers leave on Mount Everest every year?

Over 17000 lbs

11. What is the most common causes of soiling?

Constipation. Soiling occurs when liquid poo leaks out past the old, hard poo or when some small bits of poo sneak out.

12. How many times should a child wee each day?

Children over 5 usually wee between 4 and 7 times a day.

13. What colour should children's wee be?

Light yellow

14. How much wee can an elephant's bladder hold?

13 gallons

15. What is the world record for the longest wee?

508 seconds

16. To promote a healthy bladder, how much should children drink each day?

6 – 8 water based drinks in a cup relative to the child's age and size: about 200ml for a 7 year old and 250ml for an 11 year old.